

Blessings of a Feather

WITH TAMARA LAPORTE





SUPPLIES USED THIS SESSION

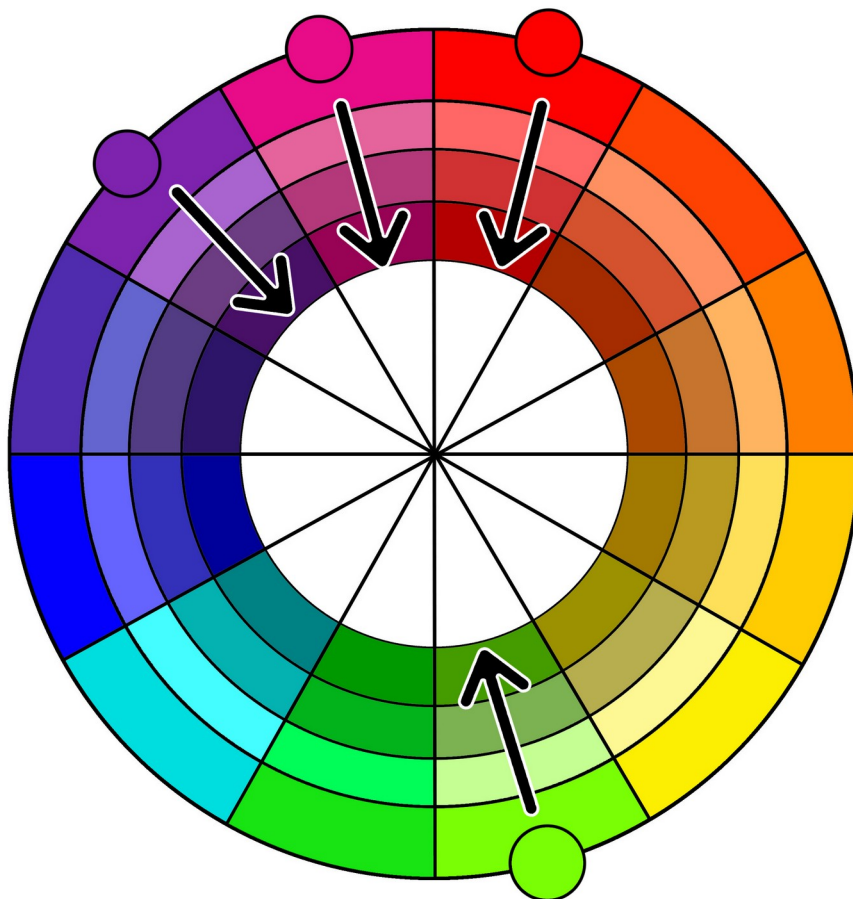
Please note, below are the supplies I used, but you can substitute the supplies if and where needed if you don't have what I've used.

- ◆ 1 Sheet of hotpressed watercolour paper (140lbs) (I used 16 x 12" but you can use 12 x 9" if you prefer).
- ◆ Watercolour paints (I used Schmincke but any brand will do).
- ◆ Posca pens black and white (or other waterproof black/ white pens).
- ◆ Watercolour brushes (round, 1 large, 1 medium).
- ◆ A tool for etching/ scribbling like a bamboo skewer or an old knitting needle.

Colour Scheme I worked in today:

**Analogous with a bit of a Complement in
orange/ yellow-orange /magenta & indigo**
(But feel free to choose other colours if they resonate more for you!)

ANALOGOUS - COMPLEMENTARY



Simple steps to creating a beautiful watercolour feather.

1. Draw or trace your feather.
2. Add colour to your feather either using a wet in wet technique or wet on dry technique.
3. Use your bamboo skewer to 'draw' hair strands.
4. Add drips to make the painting more playful.
5. Write uplifting messages/ words/ quotes inside and outside the feather if you feel called to.

Be gentle with yourself and try to approach this playfully, enjoying the process and avoid focusing on the outcome.







