

**Supply List - Christa Forrest**  
**Life Book 2020 Summit Activity**

140lb cold press watercolor paper

Set of watercolors (colors I used primarily were yellow ochre, scarlet red and a cobalt blue)

Acrylic paint - white

Assorted watercolor brushes and a bristle brush

Stencil

Bleeding tissue paper in assorted colors

Paint pens - I am using Posca in white

White gel pen

Acrylic ink in white

Tombow markers in assorted colors - I am using a few skin tone colors

Photo reference - I pulled mine from Unsplash here:

<https://images.unsplash.com/photo-1508184964240-ee96bb9677a7?ixlib=rb-1.2.1&q=85&fm=jpg&crop=entropy&cs=srgb&dl=zulmaury-saavedra-kXC0dbqtRe4-unsplash.jpg>

Carbon tracing paper

Pencil