

# THANK YOU FOR BEING HERE

Join me in sketching a couple of quick selfportraits with basic materials! I'm working on 4 different sheets of paper, jumping to the next one each layer. I found this an interesting way to work and it keeps me from overworking certain areas. Working with your own face can be daunting for some of us, but going through that is honestly the most valuable skill I've learned. So go ahead, take a few selfies and get started with me.

*Sabra*

## SUPPLY LIST

### I'M USING...

Strathmore Mixed Media Toned Grey paper, A4 size. ———

Willow charcoal —————

Compressed charcoal stick, Cretacolor ———

General's charcoal pencil

Cotton cloth

White gesso —————

Alcohol 98% and/or water

3/4 inch brush

Rembrandt Soft Pastel, raw umber no. 408.10 ———

### YOU CAN SUBSTITUTE WITH...

Any drawing paper or journal will do. You can tone your own paper with some gesso (add a tiny bit of black paint to your white gesso)

You can also use vine charcoal.

You can also use a black pastel.

White acrylic paint

Any color pastel that isn't too dark. Choose a color that suits you!

I sometimes convert my photos using Snapseed. I select the B&W tools and set the contrast pretty high. Snapseed is available for both Android and iOS.