

Life Book Summit 2020
CHAKRA BUTTERFLIES with Stephanie Ignazio

Supply list

- Mixed Media or Watercolor Paper
- Acrylic Paint in your chosen color
- Paintbrush
- Water Jar
- Scrapbook paper, decorative papers, wallpapers, magazine cutouts; any type of paper that is in your selected color palette.
- Glue Stick
- Scissors
- Pencil or Washable Marker (I use Tombow in the video)
- Paint Pens, gel pens; anything you choose to add decorative details
- PDF with Affirmations and Butterfly Templates