



*willowing arts presents*  
The Life Book  
Creativity & Wellbeing Summit

**Cre8tive  
Cre8tions  
Designs**  
*by Andrea Gomoll*

**Color Energy Cards**

Cre8tiveCre8tions by Andrea Gomoll | Web/Blog & Online Classes: [www.andrea-gomoll.de](http://www.andrea-gomoll.de) | Instagram @cre8tivecre8tions



## Supplylist

- heavyweight Watercolor Paper to trim down (10 x 15 cm or your preferred Size) for the Card Base
- Brushes of your Choice (a Variety - Flat Brushes, Round Brushes, Mop Brushes, Filbert Brushes etc. - different Sizes etc. - just use what you have
- Watercolors of your Choice - I used Daniel Smith Watercolors - but work with YOUR favourite Brand / the Brand(s) you have at home - liquid Watercolors / Inks would work as well
- Shimmering Watercolors or Iridescent Medium (optional)
- a Variety of Pens (black, white, colored - Brushtips or normal Tips - again - use what you have and like to work with)
- Gold or Copper or Silver Acrylic Paint
- a Variety of Stamps (optional)

Please keep in mind that in Art it's not about the Supplies - so those are the Supplies I used to create my piece - however - you might use other Supplies from your own Stash to create a similar Piece! I'm a firm believer in „use what you have and make it work for you“ ... so if you decide to work with other Brands - go for it - lots of Art Supplies can be replaced by other, similar Supplies & Medias ... make it your own!

