

Supply List

“Bird Queen”

Art Journaling as a Healing Release

- Composition Book
- Glamor Magazines
- Ruler
- Wax paper
- Gesso – white (Liquitex)
- Gel Medium or other adhesive
- Spray bottle with water
- Used gift card/credit card
- Carbon paper
- Charcoal – vine
- Blending stump
- Stabilo-All pencil – black
- Brushes: (Okay to use whatever brushes you have.)
- Acrylic Paint: (Okay to use any brand or colors you have.)
 - White
 - Unbleached Titanium – Basics Liquitex
 - Titan Buff - Golden
 - Burnt Umber – M. Graham & co
 - Red – Cherry Cobbler – Craftsmart
 - Orange – Pumpkin Orange – Apple Barrel
 - Green – English Ivy – Apple Barrel
 - Teal - Acapulco - Apple Barrel
- Baby Wipes
- Paper towels
- Water bowl