

**Life Book 2019 – Summit  
Lotus Art with Carrie Schmitt**

Lotus Art Supply List:

10x10 or 12x12 wood panel or canvas board

Golden Gel Medium (matte finish)

A couple paintbrushes of various sizes

2-5 acrylic paint colors (your choice)

Decorative papers to collage

Water jar

Paper towels

A sharpie pen or pencil