



Allow Space Creativity & Wellbeing Activity for the Life Book Summit with Tamara Laporte

SUPPLIES USED THIS SESSION

Please note, below are the supplies I used, but you can substitute the supplies if and where needed if you don't have what I've used.

- ◆ 1 Sheet of hotpressed watercolour paper (140lbs) (I used 16 x 12" but you can use any size you prefer)
- ◆ Graphite pencil (I like the graphgear 1000 by pentel 2b in lead, 0.9 width, but any graphite pencil will do.)
- ◆ Watercolour paints (I used Jane Davenport)
- ◆ Watersoluble crayons (Caran D'ache Neocolor II) or any other water based paints
- ◆ Tombow Markers
- ◆ Posca pens black and white & purple
- ◆ White acrylics
- ◆ Smooth Markers Jane Davenport
- ◆ Gel Medium
- ◆ Collage Papers of choice



WILLOWING.ORG

