

# Wisdom cards

(or snippets of the soul)

BY TANGIE BAXTER



FIND A CONTAINER OR BAG TO KEEP YOUR CARDS OUT & READY TO USE!

- 1 CUT ASSORTED PAPERS 2.5X3.5 INCHES
- 2 WRITE ON THE CARDS ANYTHING YOU CONSIDER WISDOM
- 3 PUT THEM IN BASEBALL CARD PROTECTORS IN A 3-RING BINDER

ideas

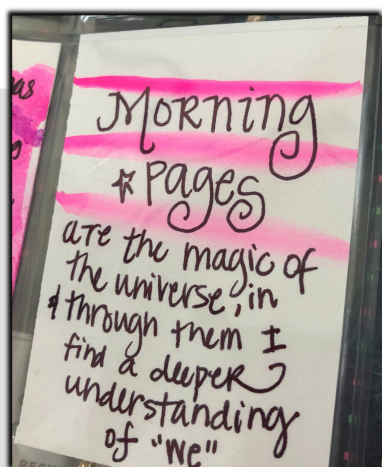
IMPORTANT NOTES FROM BOOKS YOU'VE READ  
DAILY INSPIRATION YOU HEAR  
THINGS THAT YOU KNOW MAKE YOU FEEL BETTER  
JOURNAL REFERENCES  
FAVORITE QUOTES  
SCRIPTURES OR HOLY WRITINGS  
LEARNINGS FROM DOCUMENTARY STYLE FILMS  
LESSONS FROM YOUR FAVORITE MOVIES  
ASK YOURSELF "CHECK IN" QUESTIONS

# Wisdom cards

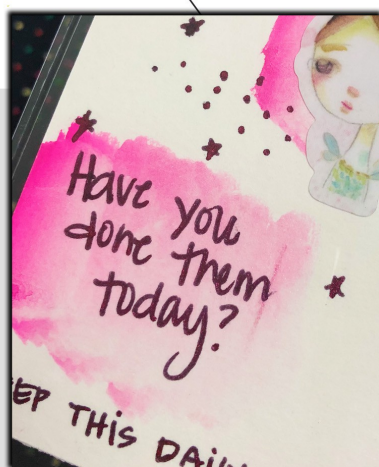
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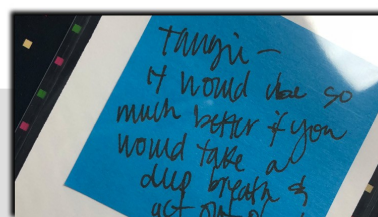
A FEW EXTRA HINTS NOT INCLUDED IN THE VIDEO



PAINT LINES  
TO HELP YOU  
WRITE



ASK YOURSELF  
"CHECK IN"  
QUESTIONS



USE STICKY NOTES  
TO CAPTURE THOUGHTS  
YOU CAN MAKE INTO  
A CARD LATER



## paper ideas

- WATERCOLOR PAPER PLAIN
- WATERCOLOR PAPER PAINTED
- COLLAGED CARDS
- CARDS WITH STICKERS
- CARDS WITH WASHI TAPE
- PATTERNED SCRAPBOOK PAPER



## **Life Book 2019 - Art and Wellbeing Summit - Wisdom Cards with Tangie Baxter**

### **Supply List:**

- 3 Ring Binder
- Baseball Card Protector Sheets (I like these: <https://amzn.to/2pc4SFq>)
- Watercolors (any)
- Paint Brush
- Scissors
- Glue Stick
- Favorite Pens
- Assorted stickers, washi tape etc