

# Life Book 2017 – Week 2

## Taking Flight – Song of the Hummingbird

WITH TAMARA LAPORTE



### SUPPLIES USED THIS SESSION

*Please note, below are the supplies I used, but you can substitute the supplies if and where needed if you don't have what I've used.*

- ◆ 1 Sheet of hotpressed watercolour paper (140lbs) (I used 16 x 14" but you can use 12 x 9" if you prefer)
- ◆ Graphite pencil (I like the graphgear 1000 by pentel 2b in lead, 0.9 width, but any graphite pencil will do.)
- ◆ Watersoluble crayons (Caran D'ache Neocolor II) or any other water based paints
- ◆ Acrylics paint: fluid & heavy body
- ◆ Tombow or Aqua Markers
- ◆ Random collage materials of choice
- ◆ Gel Medium
- ◆ White Gesso & Brayer
- ◆ Glitter (optional)
- ◆ Washi Tape (optional)
- ◆ Scissors
- ◆ Optional Hummingbird template (see below)















